

THE WHOLE HEALTH CENTRE

ANNE-LISE MILLER

Nurturing mind, body and soul with the correct information and an integrative approach

Colonic Hydrotherapy (initial consultation) **£110**

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|-------------------------|-------------|
| Single treatment | £95 |
| *Course of 3 treatments | £270 |
| *Course of 6 treatments | £510 |

Nutritional Counselling (initial consultation) **£110**

Follow up **£80**

Stop Smoking in One Hour Guaranteed

95 % success rate; one off payment **£300**

Kinesiology-Emotional Balancing (initial consultation) **£110**

Follow up (1 hour) **£80**

Aromatherapy (initial consultation) **£110**

Follow up **£80**

Yoni Steam (Per session) **£50**

*Course of 3 sessions **£120**

* Treatment courses are valid for 6 months

Reflexology

From **£45** (30min) to **£85** (90min)

Thai-Sports-Deep Tissue Massage

From **£55** (30min) to **£95** (90min)

Pregnancy Massage

From **£45** (30min) to **£85** (90min)

Four Hands Massage

From **£65** (30min) to **£110** (60min)

Osteopathic Manipulation (OMT)

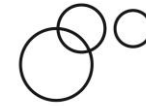
From **£55** (30min) to **£95** (90min)

Bowen Technique and Pain Management

(45 minutes) **£60**

Hypnotherapy (initial consultation) **£110**

Follow up (1 hour) **£80**



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DETOX PROGRAMMES IN LONDON

➤ EXPRESS DETOX

The programme lasts 10 days and comprises:

- Three Colonic Hydrotherapy Treatments
- Nutritional recommendations and educational material with easy to follow instructions
- UltraClear PLUS Ph® metabolic clearing and detox booster
- A complimentary skin brush

Complete programme £325

➤ ASSISTED JUICE FAST AND TISSUE CLEANSING

The programme lasts 8 days and comprises:

- Six Colonic Hydrotherapy Treatments with herbs and coffee
- A strong probiotic implant on the last treatment
- Nutritional recommendations and educational material with easy to follow instructions
- A Psyllium and clay bowel cleanser
- A complimentary skin brush

Complete programme £580

➤ BEAT CANDIDA PROGRAMME

The complete programme lasts 6 to 12 weeks and comprises:

- Six Colonic Hydrotherapy Treatments using herbs
- A strong probiotic implant on the last treatment
- Specific laboratory testing for Candida and yeast
- Nutritional recommendations and educational material with easy to follow instructions
- A specific nutritional supplement programme

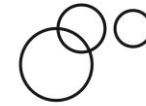
Complete programme £670

➤ PARASITE CLEANSE

The complete programme lasts three weeks and comprises:

- Three Colonic Hydrotherapy Treatments with specific parasite busting herbs
- An intense herbal supplement programme with proven efficacy against a wide range of parasites
- An optional laboratory test before and after (additional cost)

Complete programme £330



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DETOX PROGRAMMES IN LONDON

➤ LIVER AND GALL BLADDER CLEANSE

The complete programme lasts one month* and comprises:

- Three Colonic Hydrotherapy Treatments with coffee implant
- Nutritional recommendations and educational material with easy to follow instructions
- A complete herbal programme
- A complimentary skin brush

Complete programme £365

➤ GALL BLADDER FLUSH

The Programme includes:

- Two Colonic Hydrotherapy Treatments plus an additional treatment within a month of completing the flush with coffee implant
- Nutritional recommendations and educational material with easy to follow step by step instructions

Complete programme £270

➤ TARGETTED WEIGHTLOSS

Each week comprises:

- A Colonic Hydrotherapy Treatment
- A motivational session incorporating EFT and addressing possible underlying issues
- A tub of UltraClear PLUS Ph® metabolic clearing and detox booster

Complete programme per week £140

➤ ALKALISING CLEANSE

The cleanse lasts 21 days and comprises:

- Three Colonic Hydrotherapy Treatments
- Nutritional recommendations and educational material with easy to follow instructions
- A Ph balance supplement
- Ph measurement strips to monitor progress

Complete programme £330



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URBAN RETREATS IN LONDON

➤ DETOX DAY

The day includes:

- 1 x Colonic
- 1 x Massage
- 1 x Bowen therapy
- 1 x guided meditation
- 2 x juices and detox supplements for the day

Complete programme £275

➤ URBAN DETOX WEEK-END

Weekend comprises:

- 2x Colonic hydrotherapy
- 1x Massage
- 1x Bowen Therapy
- 1x Kinesiology session
- 3x Meditation and 3x mindfulness classes
- 6x Juices and detox supplements for the weekend

Complete programme £499

7 DAYS RESIDENTIAL RETREAT IN FRANCE

➤ THE RETREAT COMPRISES:

- A consultation prior to starting the cleanse to establish your needs and personal requirement
- 7 nights individual accommodation
- Group transfer on the first and last day from and to Carcassonne (airport or station)
- Juice fasting for 5 1/2 days
- Optional liver and gall bladder flushing
- Delicious raw food meals on the first and last days
- 3 colonic hydrotherapy treatments
- 2 full-body massages
- 2 castor oil packs
- 1 Hopi ear candling session
- 3 yoga classes
- 3 sauna sessions
- Unlimited access to the hot thermal water plunge-pool
- A guided walk and the options of more
- On-going support before during and after the cleanse Unlimited access to the wild and beautiful surroundings

All-inclusive retreat £1550 (€1900)

En-suite supplement £100 (€120)