



## SILVER 150 £299

GRAINS	DAIRY	MEAT	FISH	VEGETABLES	FRUITS	NUTS	SPICES & HERBS	OTHERS
Barley Corn (Maize) Gliadin (Gluten) Oat Rice Rye Wheat	Cows' milk Goats' milk Sheep's milk	Beef Chicken Duck Lamb Pork Turkey	Crustacean Mix (Crab, Lobster, Prawn/Shrimp) Oily Fish Mix (Herring & Mackerel) Salmon & Trout Tuna White Fish Mix (Cod & Haddock)	Asparagus Avocado Carrot Celery Cucumber Haricot Bean Kidney Bean Lentils Lettuce Mushroom Mustard Mix (Broccoli, Brussel Sprouts, Cabbage & Cauliflower) Onion Pea Peppers (Capsicum) & Paprika Potato Soya Bean Spinach String Bean	Apple Apricot Banana Blackberry Blackcurrant Grape Kiwi Lemon Lime Melon Mix (Watermelon, Honeydew & Cantaloupe) Olive Orange Peach Pear Pineapple Plum Raspberry Strawberry Tomato	Almond Brazil Nut Cashew Nut Coconut Hazelnut Peanut Walnut	Anise Seed Buckwheat Chamomile Chilli Pepper Cinnamon & Clove Dandelion & Burdock Garlic Ginger Guarana Herb Mix (Coriander, Cumin & Dill) Hibiscus Juniper Mint Mix (Mint, Sage, Basil & Thyme) Mustard Nettle Nutmeg & Peppercorn Parsley Rosehip Sesame Seed Vanilla	Agave Carob Cocoa Bean Coffee Cola Nut Egg White Egg Yolk Ginseng (Siberian) Ginseng (Korean) Green Tea Hemp Hops Rooibos (Red Bush Tea) Sugar Cane Sunflower Seed Tea Yeast (Brewers & Bakers)

Gold £325

GRAINS	DAIRY	MEAT	FISH	VEGETABLES	FRUITS	NUTS	SPICES & HERBS	OTHERS
Barley Corn (Maize) Gliadin (Gluten) Oat Rice Rye Wheat	Cows' milk Goats' milk Sheep's milk	Beef Chicken Duck Lamb Pork Turkey	Crustacean Mix (Crab, Lobster, Prawn/Shrimp)  Oily Fish Mix (Herring & Mackerel)  Salmon & Trout  Tuna  White Fish Mix (Cod & Haddock)	Asparagus Avocado Carrot Celery Cucumber Haricot Bean Kidney Bean Lentils Lettuce Mushroom Mustard Mix (Broccoli, Brussel & Cauliflower) Onion Pea Peppers (Capsicum) & Paprika Potato Soya Bean Spinach String Bean	Apple Apricot Banana Blackberry Blackcurrant Grape Kiwi Lemon Lime Melon Mix (Watermelon, Honeydew & Cantaloupe) Olive Orange Peach Pear Pineapple Plum Raspberry Strawberry Tomato	Almond Brazil Nut Cashew Nut Coconut Hazelnut Peanut Walnut	Anise Seed Buckwheat Chamomile Chilli Pepper Cinnamon & Clove Dandelion & Burdock Garlic Ginger Guarana Herb Mix (Coriander, Cumin & Dill) Hibiscus Juniper Mint Mix (Mint, Sage, Basil & Thyme) Mustard Nettle Nutmeg & Peppercorn Parsley Rosehip Sesame Seed Vanilla	Agave Carob Cocoa Bean Coffee Cola Nut Egg White Egg Yolk Ginseng (Siberian) Ginseng (Korean) Green Tea Hemp Hops Rooibos (Red Bush Tea) Sugar Cane Sunflower Seed Tea Yeast (Brewers & Bakers)